

SCHEDULE

**PHYSICAL EFFICIENCY TEST (PHYSICAL MEASUREMENT AND WALKING TEST)
FOR
THE POST OF FOREST GUARD TO BE HELD AT THE VARIOUS DISTRICTS IN HARYANA**

Contact DIVISIONAL FOREST OFFICER (TERRITIRIAL) in the district for venue of the PET.

Forest Guard post- Physical Test dates				Persons to be screened for Physical Efficiency test on each day
Day	Date	number of candidates to appear for PET		
		From	To	
Tuesday	17-Dec-13	1	80	80
Wednesday	18-Dec-13	81	160	80
Thursday	19-Dec-13	161	240	80
Friday	20-Dec-13	241	320	80
Saturday	21-Dec-13	HOLIDAY		
Sunday	22-Dec-13	HOLIDAY		
Monday	23-Dec-13	321	400	80
Tuesday	24-Dec-13	401	480	80
Wednesday	25-Dec-13	HOLIDAY		
Thursday	26-Dec-13	481	And above	

Minimum physical standards for PET for qualifying for interview

	Male	Female
a. Height:	168 cms	155cms
b. I. Chest (Un-expanded):	79 cms	74 cms
ii Chest (Expanded):	84 cms	79 cms
c. Walking test:	25 KM (in 4 hours).	14 KM (in 4 hours).